

P.V.Y.A. BLUE RIDGE EXPRESS

YOUTH CROSS COUNTRY MEET

SUNDAY SEPT. 18TH, 2011

LOCATION: BRUNSWICK HIGH SCHOOL
101 CUMMINGS DRIVE
BRUNSWICK, MD 21758

DIRECTOR: LEE ZUMBACH 301-834-8045

AGE GROUPS: Age as of Dec. 31st, 2011 (for example, if your athlete is now 12 but will be 13 by Dec. 31st, 2011 then they will need to run in the 13-14 age group)

ENTRANCE FEE: \$5 PER ATHLETE

AWARDS: PLACE RIBBONS 1-20 IN EACH AGE GROUP

SCHEDULE:

Girls will start 2 min. after start of each boys race.

12:45 PM COURSE WALKS (meet in the stadium area)

1:30 PM 6 & UNDER 1K

2:00 PM 7 & 8 2K

2:30 PM 9 & 10 3K

3:00 PM 11 & 12 3K

3:30 PM 13 & 14 4K

OTHER:

Restrooms will be open.

Basic snack and drink stand will be open.

Meet will take place, rain or shine, unless weather is severe.

Park in main school parking lot in front of the high school on Cummings Drive.

Registration will take place at the main entrance to the stadium.