



Lightning Running Club (LRC)
Youth Cross Country
www.lrcrun.org

Do you like to:

Run Fast?

Run Far?

Run for Fun?



**Join LRC XC and become a
Lightning Cross Country Runner**

- OPEN to Kids ages 2 to 14
- SEASON starts Tuesday, August 21
- RUN in parks on wooded trails and in grassy fields
- RACE in local, state, and national XC races
- More Information at: www.lrcrun.org
- Online registration starts May 1
- \$90 per runner ages 7 to 14 ⚡
- \$70 per runner ages 5 & 6 ⚡
- \$25 *Lightning Bug* program for ages 2 to 4
- XC family discounts available



LRC XC Boys Team - 8&U 2 km
National Runner Up



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